



ISABEL OUTREACH TEAM



The **Isabel Outreach Team** is to help people affected by Hurricane Isabel get information about community programs and services that may help them to:

- **Reduce stress**
- **Learn relaxation techniques, and**
- **Understand common emotional reactions to traumatic events**

What the team does:

- Provides **emotional support**
- Provides **resource information** on disaster assistance
- Teaches **stress management** and **coping techniques**
- Assist children to understand the situation
- Offers **referrals** to other programs and services
- Provides **speakers** for community educational meetings

TO TALK TO A TEAM MEMBER or TO SCHEDULE A PRESENTATION, PLEASE CALL 410-222-1068 or email isabelteam1@yahoo.com

Who is on the team?

Team members are individuals from the community that have been trained by professionals from the Federal Emergency Management Agency (FEMA) and the Maryland Department of Health and Mental Hygiene. **All team members have official photo identification cards.**

Where?

Isabel Outreach Team members are available to meet with individuals and groups in the community. Teams are actively working in these counties:

- Anne Arundel
- Baltimore City
- Baltimore County
- Dorchester County

*****There is no charge for these disaster related services.***



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